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He credits the authorship of three books on nature cure : "Health the Natural Way"™, "Diet Cure for Common Ailments"™ and "Foods That Heal"™. All three have been well received by the public.

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of a large quantity of old-fashioned folk remedies, plus modern nutritional information. This information is not intended to diagnose medical problems, prescribe remedies for illness, or treat disease. It's intention is solely educational. We would strongly encourage you to use this information in cooperation with a medical or health professional.

Natural Remedies Encyclopedia - Health is a Treasure - Home

the pain. For an herbal back adjustment massage Capsicum and Lobelia extracts along spine and follow with Tei Fu Oils. Bites and Stings The following herbs have been applied to bites and stings to relieve pain, itching and swelling: Aloe Vera, Comfrey, Lobelia essence, CBG extract, Tei Fu oils, Herbal Trim, Activated Charcoal, Healing AC Cream.

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